

## FROM DEATH TO LIFE

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God created us a three-part being—spirit, soul, and body. If we go back to the beginning to the Garden of Eden, we realize just how much was lost as a result of Adam’s sin. When

Adam chose to disobey God, he chose independence from God. In fact, God had told Adam that the day he ate from the Tree of the Knowledge of Good and Evil, he would die.

Have you ever thought about what death really is? Essentially, death is a separation from life as we know it. In Adam’s case, the kind of death that God warned would occur if

Adam ate from the forbidden tree was a spiritual death. To say that Adam experienced a spiritual death means that at the very core of his being, he was separated from the life of

God and separated from enjoying a dependent relationship on God. Because God’s

desire and design for humankind, from the very beginning of time, was to have a relationship with Him and be connected to Him as the very source of living, God sent

Jesus to die on the cross to remedy man’s fallen state. Not only were the sins of mankind forgiven through Jesus’ death on the cross, but

God provided a way out of spiritual death.

Galatians 2:20 reads: “I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live

in the flesh I live by faith in the Son of God, who loved me, and delivered Himself up for

me.” This verse tells of another death that also took place on the cross when Jesus died; it

tells of the death of your old spirit that was void and separated from the very life of God.

This death was necessary in order for you to have a new spirit that can be connected to the very life of God at the core of your being and

allow you to walk dependently on God as your source of living. Our prayer over these next

several sessions is that you will understand the awesome reality of what took place on

the cross and how that applies to your everyday walk with God today.



## PERSONAL REFLECTION

1. From your understanding, what is eternal life?

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2. What happened at the cross, as it relates to you?

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3. Read and reflect on Galatians 2:20. What does this verse mean to you?

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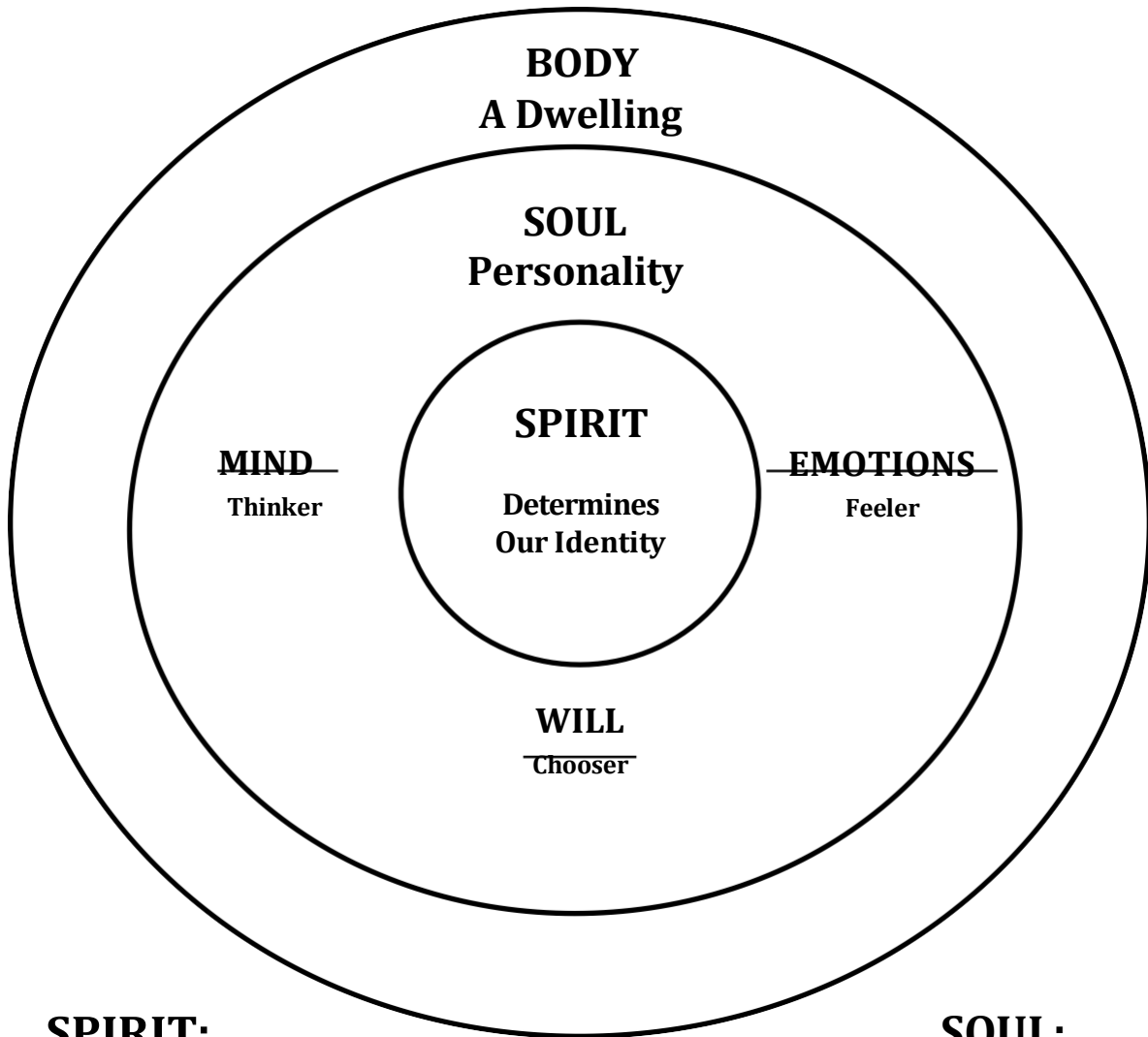
# A BIBLICAL PICTURE OF YOU

Diagram #1

A Three-Part Whole (1 Thessalonians 5:23)

*A Person With Three Vital Parts*

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## **SPIRIT:**

Romans 8:16  
1 Corinthians 6:17  
Genesis 1:26-27  
Genesis 2:7  
John 4:24

## **SOUL:**

1 Corinthians 15:46-49  
1 Thessalonians 5:23  
Hebrews 4:12

**Man is essentially a spirit, who has a  
soul, and lives in a body.**



## DIAGRAM #1: A BIBLICAL PICTURE OF MAN

### SPIRIT:

**Romans 8:16** *The Spirit Himself bears witness with our spirit that we are children of God.*

**1 Corinthians 6:17** *But the one who joins himself to the Lord is one spirit with Him.*

### SOUL:

**1 Corinthians 15:46-49** *However, the spiritual is not first, but the natural; then the spiritual. The first man is from the earth, earthy; the second man is from heaven. As is the earthy, so also are those who are earthy; and as is the heavenly, so also are those who are heavenly. And just as we have borne the image of the earthy, we shall also bear the image of the heavenly.*

**1 Thessalonians 5:23** *Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.*

**Hebrews 4:12** *For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.*

**Genesis 1:26, 27** *Then God said, "Let Us make man in Our image, according to Our likeness; and let them rule over the fish of the sea and over the birds of the sky and over the cattle and over all the earth." And God created man in His own image, in the image of God He created him; male and female He created them.*

**Genesis 2:7** *Then the Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being.*

**John 4:24** *God is spirit, and those who worship Him must worship in spirit and truth.*

This diagram and the next two will review some foundational truths from Scripture showing a few key changes that take place at salvation. This is the model that we will use to look at the life of individuals. Note Paul's prayer for the believers at Thessalonica as in 1 Thessalonians 5:23: *I pray that your whole spirit, and soul, and body may be presented blameless at the coming of our Lord Jesus Christ.* The primary aspects of life and death are found in this statement. Let's look at each one.

The first aspect is the physical. This is the simplest to understand, perhaps, but, in truth, it is very complex. David said in Psalms: *We are fearfully and wonderfully made.* After centuries of medical study and research, to healthcare professionals, researchers, and scientists, the body is still a mystery in many ways.

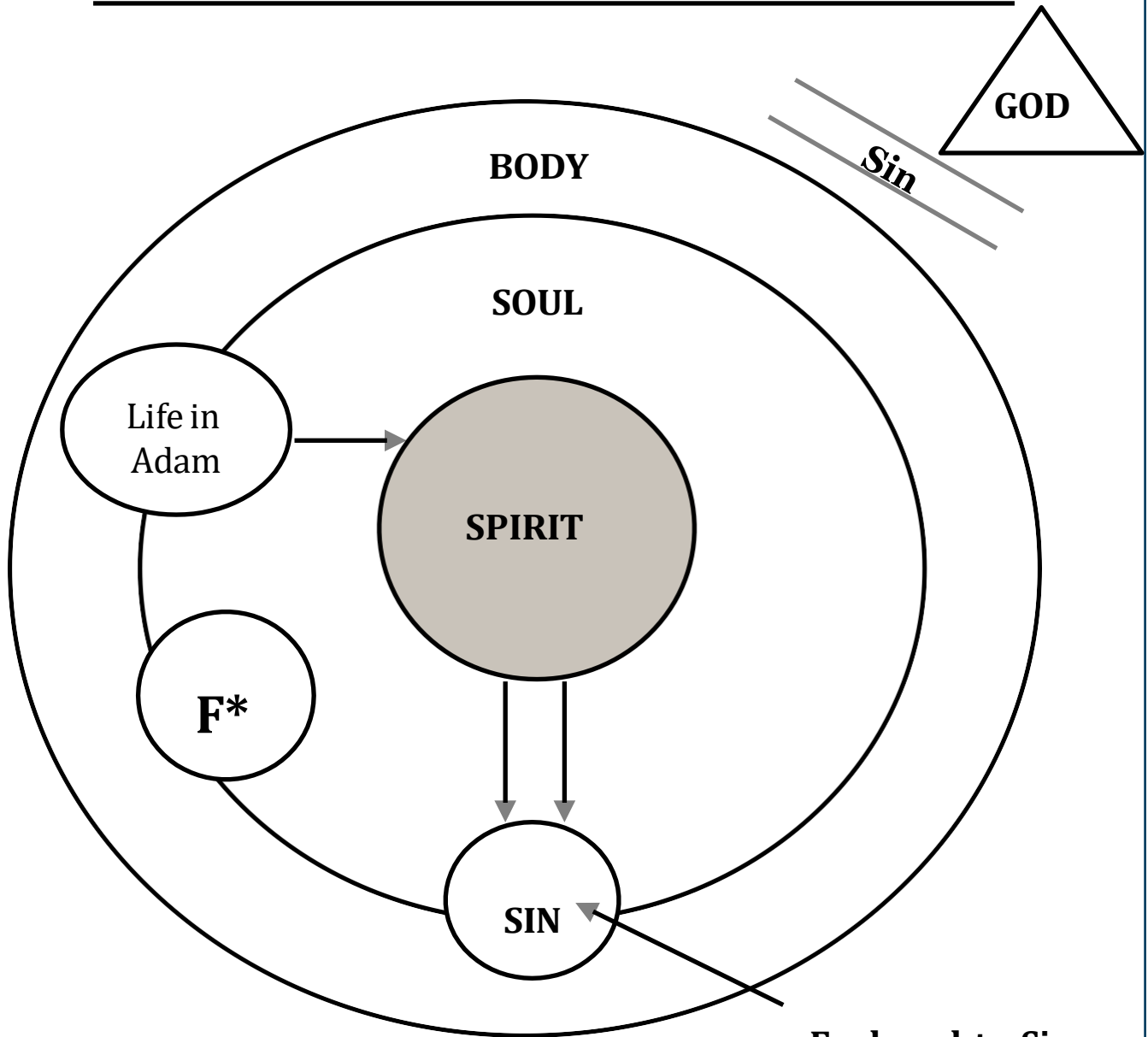
The next aspect is the psychological part of man—the soul—which consists of (1) the mind or "the thinker," (2) the emotion or "the feeler," and (3) the will or "the chooser." This area of the soul is an even greater mystery than the body.

The last aspect of a person's makeup is the spirit. This area is at the core of the circles in the diagram, because it is the deepest area of life and the least understood. The spirit is what distinguishes itself between a believer or an unbeliever. It is the spiritual component in which we worship the Lord, where we fellowship with the Lord, and where the Holy Spirit dwells within us. The next diagram shows us how the unsaved person would look in each area.



PRE-SALVATION PERSON  
*Person Without God*

Diagram #2



Romans 8:6-9

**Enslaved to Sin**

Isaiah 59:2  
Ephesians 2:1-3

**Man's basic problem at birth is that he is separated from God and, therefore, without Life.**

**\*Flesh:** Sometimes called the "Self-Life."



## DIAGRAM #2: PRE-SALVATION PERSON

**Romans 8:6-9** *For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so; and those who are in the flesh cannot please God. However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him.*

**Isaiah 59:2** *But your iniquities have made a separation between you and your God, and your sins have hidden His face from you, so that He does not hear.*

**Ephesians 2:1-3** *And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience. Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.*

This diagram shows three of the spiritual problems that are true of everyone. Everyone is born separated from God by their sins, as Isaiah 59:2 simply states: *Your sins have separated you from your God.* This person might pray or, in other ways, act righteous; yet the barrier of sin between the person and God remains.

The second problem that this diagram portrays is shown by the darkened spirit. This indicates that the individual is spiritually dead—without God's life. In Ephesians 2:1-3 we are told that Christians were born like all people: *Dead in our trespasses and sins.* This does not mean that the pre-salvation person is not a spiritual being, but that this person does not have God's life, and, therefore, is dead to God.

The result of being separated from God and spiritually dead is the third problem. The individual is left to live out of his personal resources—alone, independent, and self-reliant. The "F" in the circle at the lower left stands for "flesh." The flesh is not referring to physical flesh, but to one's inner resources and understanding of life apart from God. Simply put, it is doing it "my way."

This second diagram pictures a person with these three problems: Separated from God's life by sin, being spiritually dead to God and alive to sin, and relying totally on personal resources for living. But there are major changes at salvation that are shown in the next diagram.

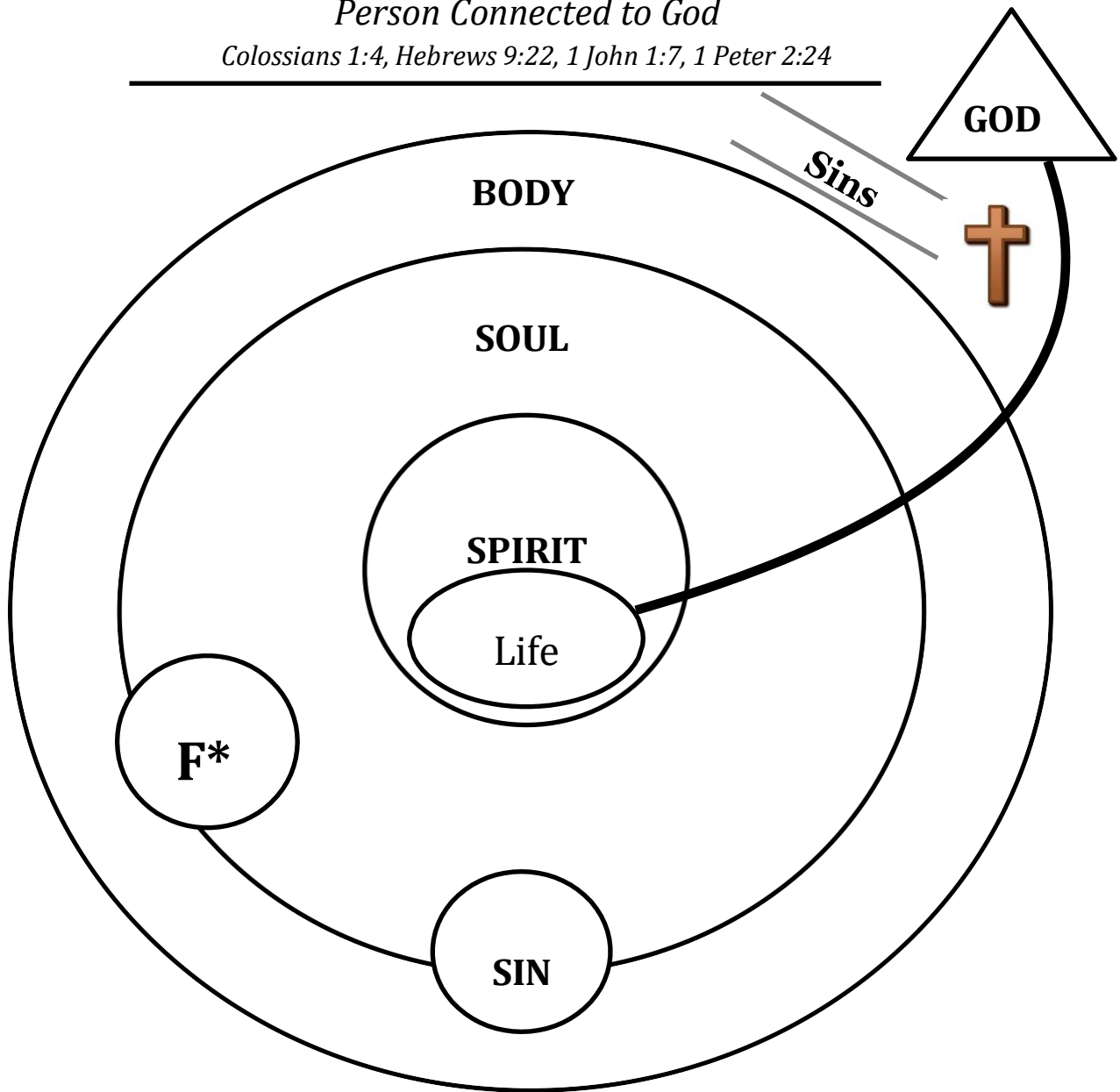


SAVED PERSON

*Person Connected to God*

*Colossians 1:4, Hebrews 9:22, 1 John 1:7, 1 Peter 2:24*

Diagram #3



Romans 8:12-14  
Ephesians 1:7

Romans 5:10  
John 5:24

**Christ gave His Life for us, in order to give His Life to us, in order that He might live His Life through us!**

**\*Flesh:** Sometimes called the "Self-Life."



## DIAGRAM #3: SAVED PERSON

**Romans 8:12-14** *So then, brethren, we are under obligation, not to the flesh, to live according to the flesh—for if you are living according to the flesh you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. For all who are being led by the Spirit of God, these are sons of God.*

**Ephesians 1:7** *In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace...*

**Romans 5:10** *For if while we were enemies, we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.*

**John 5:24** *Truly, truly, I say to you, he who hears My word, and believes Him who sent Me, has eternal life, and does not come into judgment, but has passed out of death into life.*

**Romans 8:10** *And if Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness.*

**1 Corinthians 6:19** *Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?*

**2 Corinthians 5:17** *Therefore if any man is in Christ, he is a new creature; the old things passed away; behold, new things have come.*

**Ephesians 2:4-5** *But God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved)...*

Note the major changes shown by this diagram. The first area of change is illustrated as the cross superimposed on the barrier created between God and man by sins. Christ died on the cross and shed His blood. The cross is to demonstrate the truth stated in Ephesians 1:7, *In whom we have redemption through His blood, even the forgiveness of our sins.*

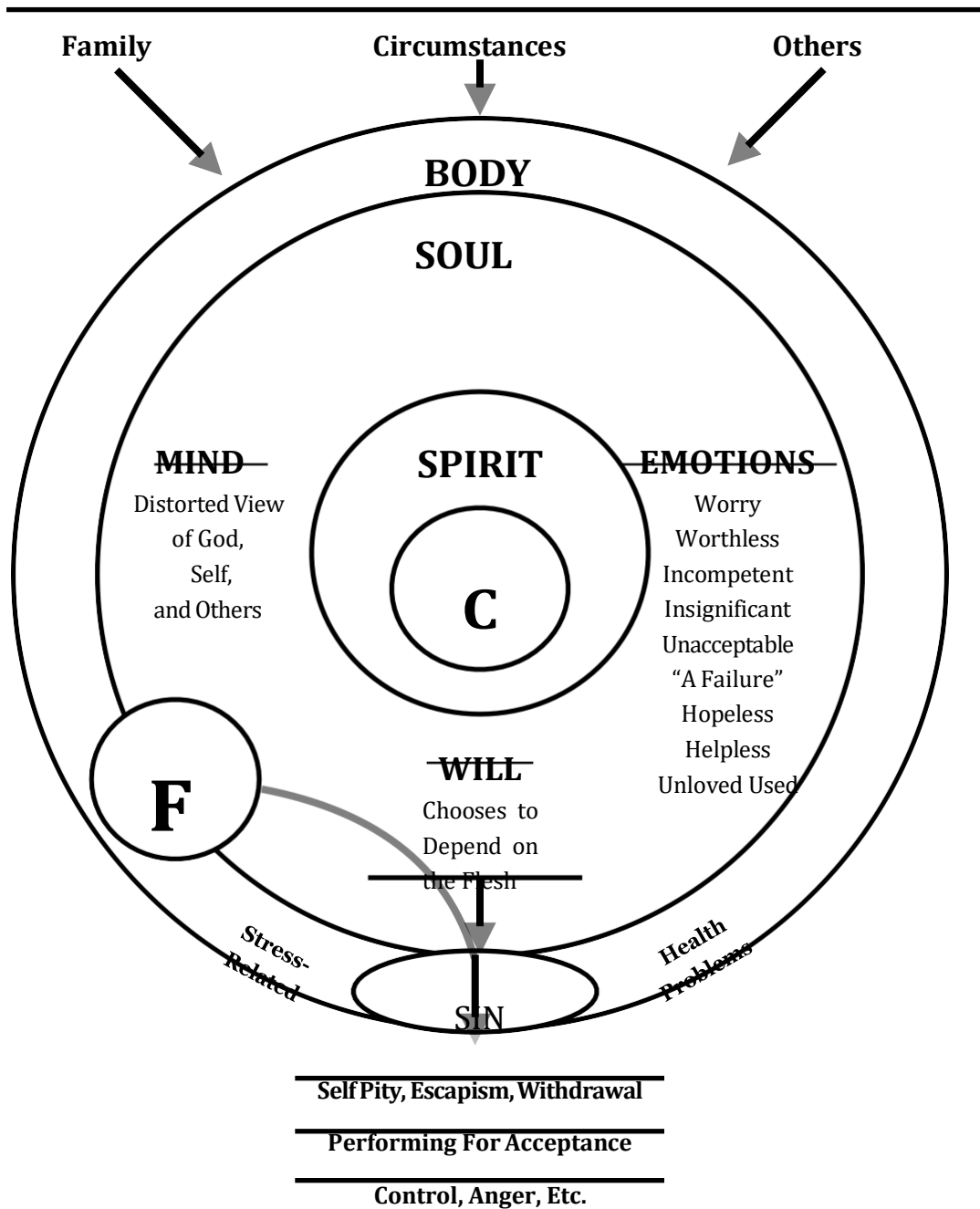
Not only is the barrier of sin removed, but as is indicated by the arrow from God to the spiritual area, God gives His life to us. Also note that the area of the spirit is no longer darkened. This person is no longer dead to God and alive to sin as his master. Because of salvation, this person is alive to God and dead to sin as master, having passed from death to life. Ephesians 2:4,5 states, *Because of His great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.* Also, in Romans 5:10, we are told: *For if when we were God's enemies, we were reconciled to Him by the death of His Son, how much more, having been reconciled, shall we be saved through His Life!*

The third area to note is the symbol for flesh—the capital “F” in the circle at the lower left. The reason this has not changed is that the one who has been saved still has to deal with flesh. We are instructed in Galatians 5:13: *Do not use your freedom to indulge the sinful nature* (margin, flesh). And in Galatians 5:16: *So I say, live by the Spirit, and you will not gratify the desires of the sinful nature* (margin, flesh). Throughout Galatians chapter five and the first part of Romans chapter eight, the problem of the flesh for the saved person is revealed as an ongoing problem. Why is the flesh such a problem? The next diagram will show this from a negative perspective.



NEGATIVELY INFLUENCED FLESH  
(Rejections and Traumatic Experiences)

Diagram #4



**CONFLICT AND FRUSTRATION**

2 Corinthians 1:8-9; 3:5-6; 12:7-10

Galatians 5:17-21

**When a person depends upon his own strength and resources to cope with present pressures and past rejections, the ultimate result is conflict and frustration.**





## DIAGRAM #4: NEGATIVELY PROGRAMMED FLESH

**2 Corinthians 1:8-9** *For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; indeed, we had the sentence of death within ourselves in order that we should not trust in ourselves, but in God who raises the dead;*

**3:5-6** *Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God, who also made us adequate as servants of a new covenant, not of the letter, but of the Spirit; for the letter kills, but the Spirit gives life.*

**12:7-10** *And because of the surpassing greatness of the revelations, for this reason, to keep me from exalting myself, there was given me a thorn in the flesh, a messenger of Satan to buffet me--to keep me from exalting myself! Concerning this I entreated the Lord three times that it might depart from me. And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, that the power of Christ may dwell in me.*

**Galatians 5:17-21** *For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. But if you are led by the Spirit, you are not under the Law. Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you that those who practice such things shall not inherit the kingdom of God.*

This diagram and the next two demonstrate the problem Christians face living after the flesh as contrasted with God's will for us to live in the Spirit.

When major life experiences and people in an individual's life have been primarily negative, the individual learns *negative ways* to deal with life. In the center of the diagram you will notice the "C," which stands for Christ and represents that the person is a saved person. The result of many major negative experiences is shown in the mind having a distorted view of God, self, and life. This is because each person develops a grid through which he evaluates life. When the experiences are predominantly negative, that grid distorts one's perception. The result of a distorted view of life is a distorted emotional response. The list of emotions in the diagram are the result of this distortion.

Because of the distorted thinking and negative feelings listed in the diagram, the response is to resort to the flesh as the best way to deal with life. The large "F" shows the choice to live after the flesh. This should be expected, as it is the only way to live based on the view of life learned from the experiences of life. At the bottom of the circles are some ways that people might use to cope or deal with life's situations.

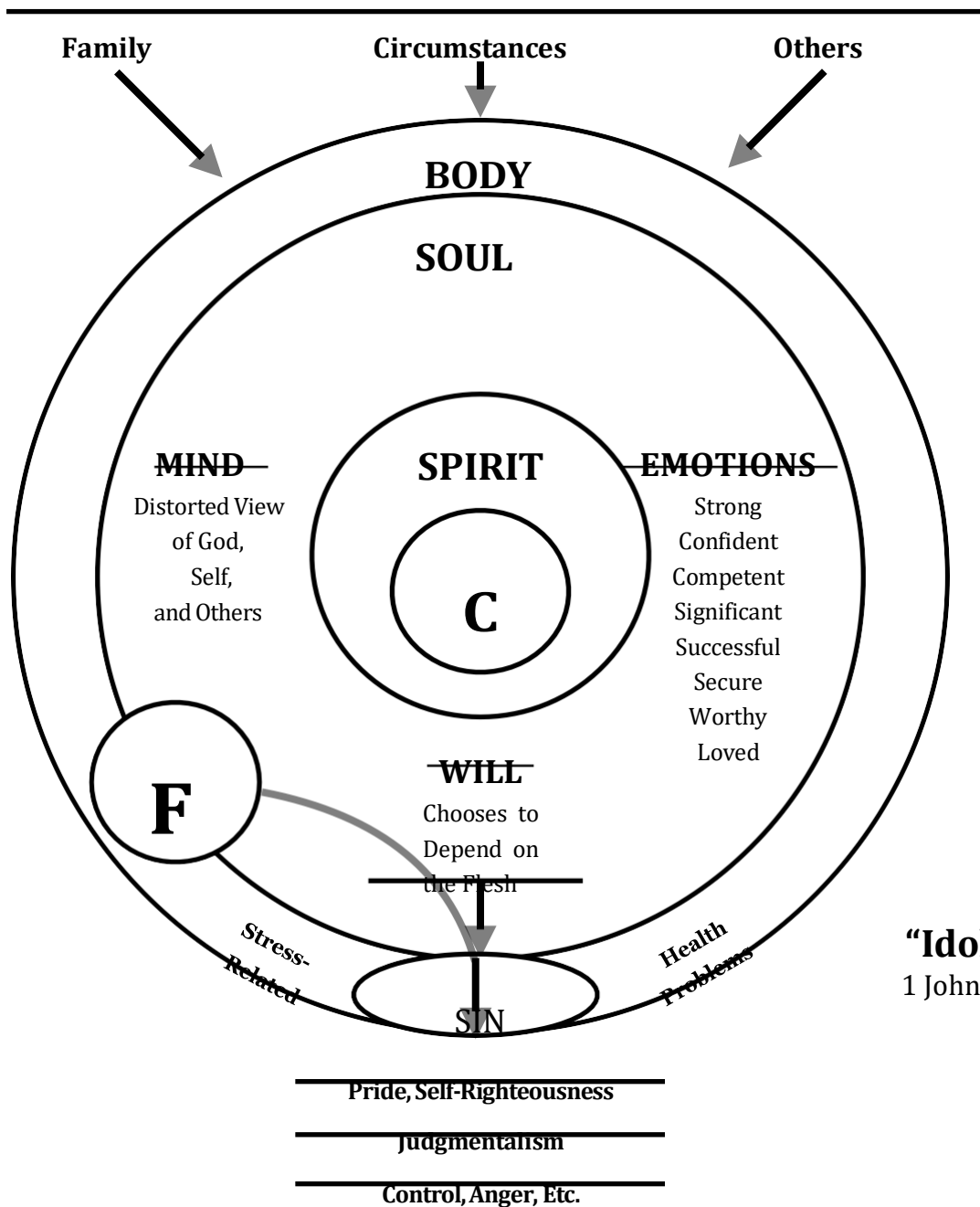
As noted at the bottom of the page, the results are "conflict and frustration." Along with these are the stress related health problems that can develop. But not all the situations in life are negative. Usually they are a mixture of both negative and positive. What happens when life experiences are predominantly positive? The next diagram pictures this kind of situation.



**POSITIVELY INFLUENCED FLESH**

Diagram #5

(Positive Experiences, Few Rejections)



**CONFLICT AND FRUSTRATION**

2 Corinthians 1:8-9; 3:5-6; 12:7-10

Galatians 5:17-21

**God loves both His negatively and positively influenced children enough to do whatever it takes to reveal the bankruptcy of the flesh, so that we will be ready to exchange the self-life for Christ life.**



## DIAGRAM #5: POSITIVELY PROGRAMMED FLESH

**2 Corinthians 1:8-9** *For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; indeed, we had the sentence of death within ourselves in order that we should not trust in ourselves, but in God who raises the dead;*

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**1 John 5:21** *Little children, guard yourselves from idols.*

This diagram is intended to show a life that has been *predominantly* positive. The result of many positive influences leads to the mind being distorted so that the view of God, self, and life is not in accordance with the truth of God. The emotions would look good to most people, except for the fact that they are based on a strong self-centered concept. This is shown by a large "F" in the circle at the lower left of the diagram. Relying on flesh to deal with life leads to the attitudes listed on the lines under the circles. These are the most common ones for someone who has had predominately positive influences.

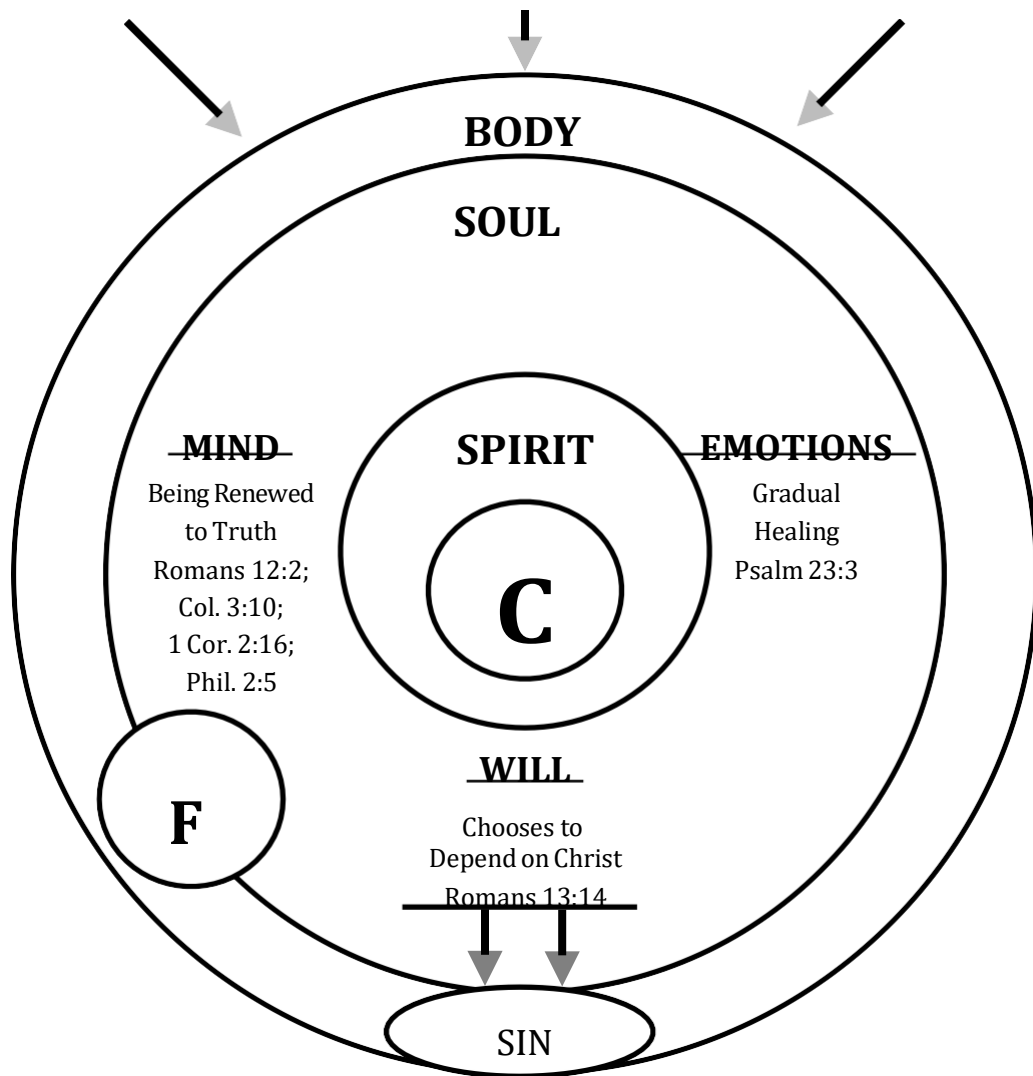
This person is a Christian, as the "C" in the center of the diagram reveals. Yet, the result of living after the flesh leads to a life of conflict and frustration. Because of the positive influences and the acceptable actions, this way of living after the flesh is often not easily recognized. But still, it is fleshly living. What would this diagram look like if most everything was perfect? What does the ideal picture look like? The next diagram will show this perfect picture.



# THE EXCHANGED LIFE

Diagram #6

“All Things” Romans 8:28



## Victorious Living!

Romans 15:18, Ephesians 3:20

**Christ living His Life through us is victorious living!**



## DIAGRAM #6: THE EXCHANGED LIFE

**Romans 8:28** *And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.*

**Romans 15:18** *For I will not presume to speak of anything except what Christ has accomplished through me, resulting in the obedience of the Gentiles by word and deed.*

**Ephesians 3:20** *Now to Him who is able to do exceeding abundantly beyond all that we ask or think, according to the power that works within us...*

**Romans 12:2** *And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what the will of God is, that which is good and acceptable and perfect.*

**Colossians 3:10** *...and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him.*

**1 Corinthians 2:16** *For who has known the mind of the Lord, that he should instruct Him? But we have the mind of Christ.*

**Philippians 2:5** *Have this attitude in yourselves which is also in Christ Jesus...*

**Psalms 23:3** *He restores my soul; He guides me in the paths of righteousness for His name's sake.*

**Romans 13:14** *But put on the Lord Jesus Christ, and make no provision for the flesh in regard to its lust.*

The experiences of life for the person pictured here have not been different from other people. There have been both positive and negative situations in life. But beyond this similarity difference is vast.

The most important item is the "C" in the center of the diagram. Note the difference in the size of the "C" and "F." Compare this with the previous two diagrams. The larger size of the "C" is to indicate that Christ is major or central to the life. Rather than the large arrow coming from the "F," it now comes from the "C" to show that this is a life lived out of Christ's resources instead of personal fleshly resources.

The major differences are that the mind is being renewed to truth instead of blocked by distortion that was there before. Because the mind is being renewed, the emotions are healing and Christ-centered choices are now being made to a greater degree. Problems that have been caused by stress begin to clear up. The words to the right and left of the circle indicate areas that the Lord might need to deal with, or areas in which the Lord already is dealing.

The result of a life where the control of the flesh is exchanged for dependence on Christ is victorious living, rather than conflict and frustration. How can this kind of change take place? What is the Scriptural basis for this kind of change? The next three diagrams answer this question. The first one examines Christ's life to help us understand what eternal life is.



## SPIRITUAL LIFE VS. SPIRITUAL DEATH

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### **LIFE**

### **DEATH**

(absence of Life)

#### **Essential Needs:**

#### **Effects of Their Loss:**

Worth and value

Inferiority

Security

Insecurity

Adequacy

Inadequacy Hate

Love

Impatience

Patience

Insufficiency

Sufficiency

Incompleteness

Completeness

Fear and anxiety

Peace and rest

Evil

Goodness

Selfishness

Selflessness Joy

Depression

Forgiveness

Bitterness

Strength

Weakness

Innocence

Guilt

Purity

Impurity

Self-control

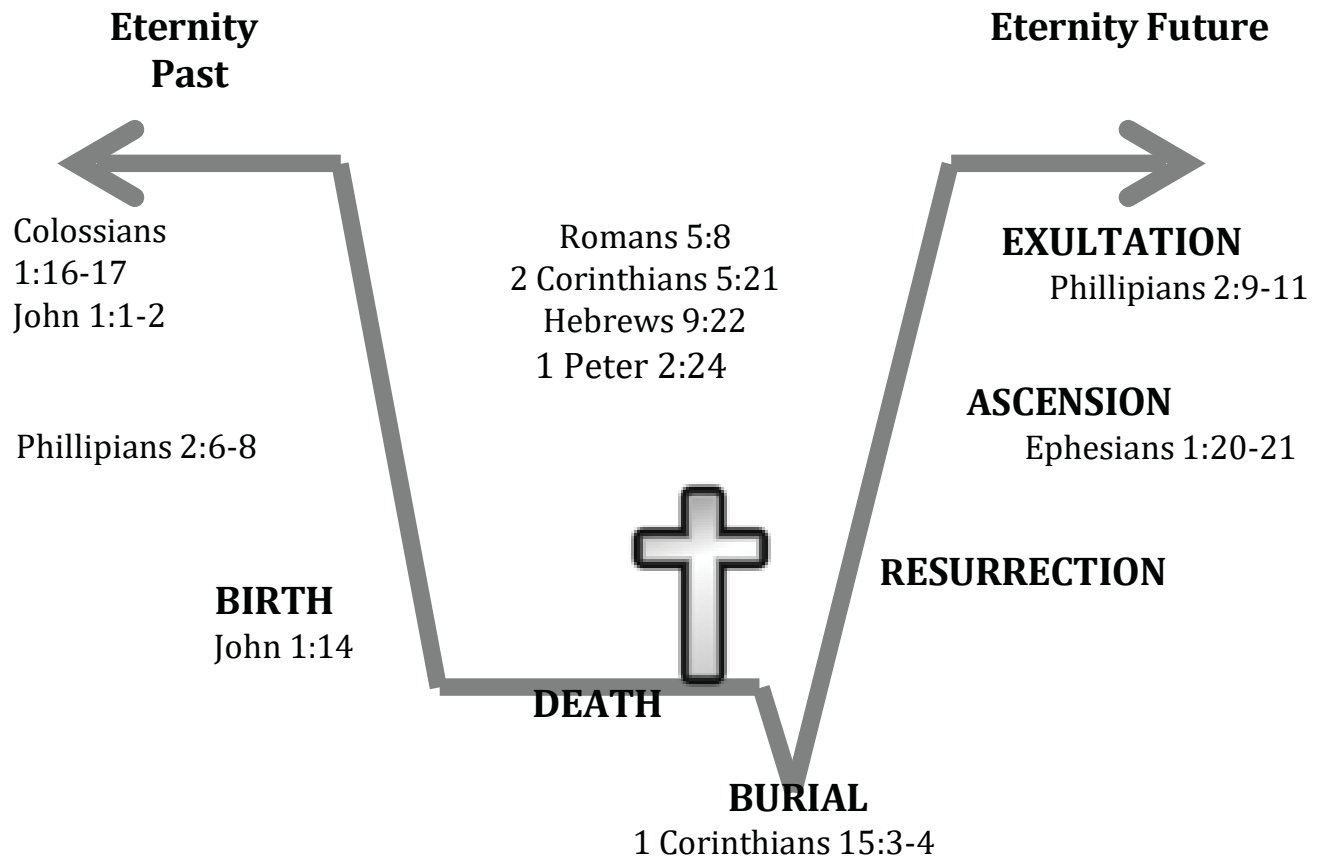
Self-indulgence



ETERNAL LIFE IS CHRIST'S LIFE

Diagram #7

1 John 1:1-2; 5:11-12, 20



**Eternal Life is not something that begins when we become Christian. It is Someone we enter into and become a partaker of at the moment of salvation.**

**It is receiving a new life altogether -**

**Christ's Life!**



## DIAGRAM #7: ETERNAL LIFE IS CHRIST'S LIFE

**Colossians 1:16-17** *For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities--all things have been created by Him and for Him. And He is before all things, and in Him all things hold together.*

**Philippians 2:6-8** *...who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. And being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.*

**John 1:14** *And the Word became flesh, and dwelt among us, and we beheld His glory, glory as of the only begotten from the Father, full of grace and truth.*

**1 Corinthians 15:3-4** *For I delivered to you as of first importance what I also received, that Christ died for our sins according to the Scriptures, and that He was buried, and that He was raised on the third day according to the Scriptures.*

**Ephesians 1:20-21** *...which He brought about in Christ, when He raised Him from the dead, and seated Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and every name that is named, not only in this age, but also in the one to come.*

**Philippians 2:9-11** *Therefore also God highly exalted Him, and bestowed on Him the name which is above every name, that at the name of Jesus every knee should bow, of those who are in heaven, and on earth and under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.*

This diagram and the next two will reveal the Biblical teaching that makes living the exchanged life possible.

The title to this diagram is very important. It defines eternal life. It is more than a life that never ceases. It is Christ's life. A life that is eternal—God's life. This is also indicated by the arrow on each end of the line. The emphasis is on the quality of the life, more than the quantity of life.

Philippians 2:5-11 is the basis for this diagram. Verse 6 is shown by the top left line where the words, "Eternity Past" are located. Christ in glory is God. Verse 7 is shown by the downward sloping line. Christ, who is God, became a man. Verse 8 is shown by the line at the bottom of the diagram where the cross is found. Christ became man and died for our sins on the cross. Verse 9 is shown by the upward sloping line on the right. Christ was raised from the dead and exalted to glory. Verses 10 and 11 are shown by the line on the top right where the words, "Eternity Future" are located. Christ is here in glory and acknowledged by all to be Lord.

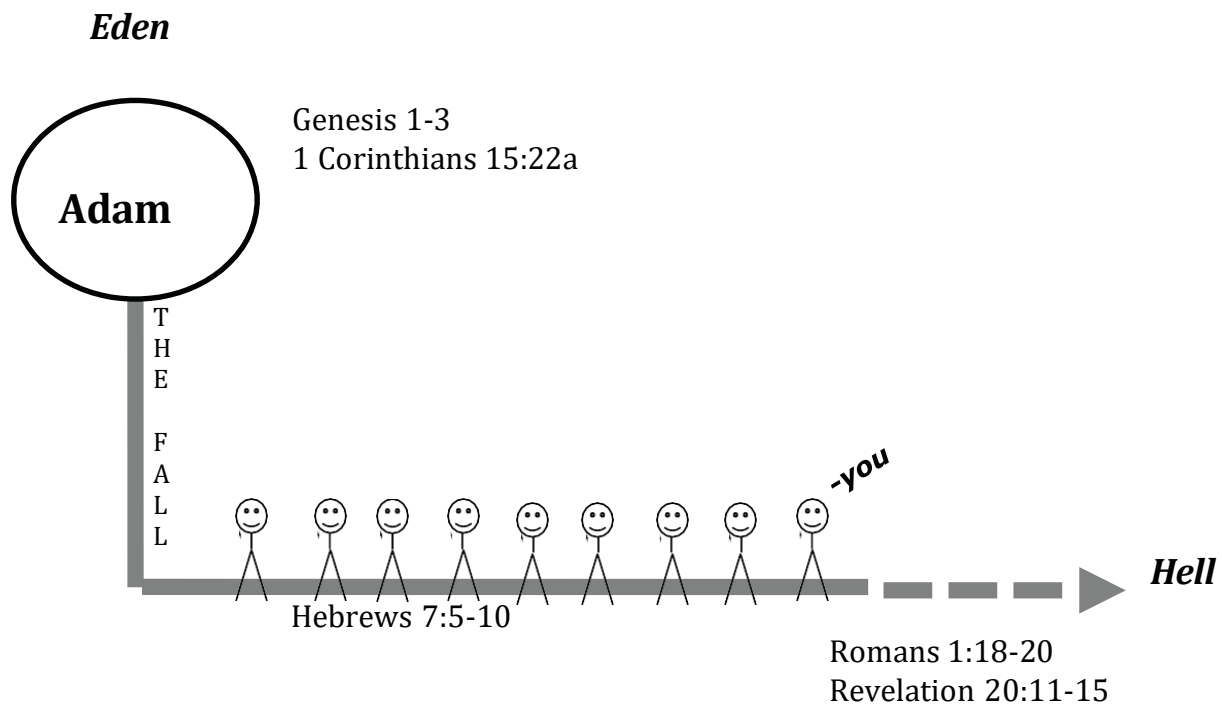
There are two key truths in this diagram. Eternal life is not just life after death; it is Christ's life that we receive at salvation. Christ became man to die on the cross for our sins. This diagram is about Christ. Where are we? This question is answered in the next diagram that focuses on us and our life in Adam.





IN ADAM

Diagram #8



**Since we were all in Adam, when he:**

- |   |              |
|---|--------------|
| <b>1. Sinned, we sinned.</b>  | Romans 5:12b |
| <b>2. Died spiritually, we died spiritually and were left to our own resources.</b> | Romans 5:15b |
| <b>3. Was condemned, we were condemned.</b>   | Romans 5:18  |
| <b>1. came a sinner, we became sinners.</b>   | Romans 5:19  |



## DIAGRAM #8: IN ADAM

**1 Cor. 15:22a** *For as in Adam all die...*

**Hebrews 7:5-10** *And those indeed of the sons of Levi who receive the priest's office have commandment in the Law to collect a tenth from the people, that is, from their brethren, although these are descended from Abraham. But the one whose genealogy is not traced from them collected a tenth from Abraham, and blessed the one who had the promises. But without any dispute the lesser is blessed by the greater. And in this case mortal men receive tithes, but in that case one receives them, of whom it is witnessed that he lives on. And, so to speak, through Abraham even Levi, who received tithes, paid tithes, for he was still in the loins of his father, when Melchizedek met him.*

**Revelation 20:11-15** *And I saw a great white throne and Him who sat upon it, from whose presence earth and heaven fled away, and no place was found for them. And I saw the dead, the great and the small, standing before the throne, and books were opened; and another book was opened, which is the book of life; and the dead were judged from the things which were written in the books, according to their deeds.*

*And the sea gave up the dead which were in it, and death and Hades gave up the dead which were in them; and they were judged, every one of them according to their deeds. And death and Hades were thrown into the lake of fire. This is the second death, the lake of fire. And if anyone's name was not found written in the book of life, he was thrown into the lake of fire.*

**Romans 1:18-20** *For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness, because that which is known about God is evident within them; for God made it evident to them. For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.*

The truth shown by this diagram is stated in 1 Corinthians 15:22a: *For as in Adam all die...* Every person is born "in Adam." This is shown by the stick figures along the line. The last one represents you. The others represent your preceding generations, going back to Adam. All are condemned and doomed to an everlasting hell, separated from God. Since all are identified with Adam's sin, all need salvation.

Several items need to be added as a result of the basic truth of being in Adam. Romans chapter 5 teaches the most important of these: "When Adam sinned, we sinned" (verse 12). "When Adam died, we died" (verses 12, 15, 17). "When Adam was condemned, we were condemned" (verse 18). And in verse 19: "When Adam became a sinner we became a sinner" (which we consistently show in our lives). A number of these truths also are stated in Ephesians 2:1-3.

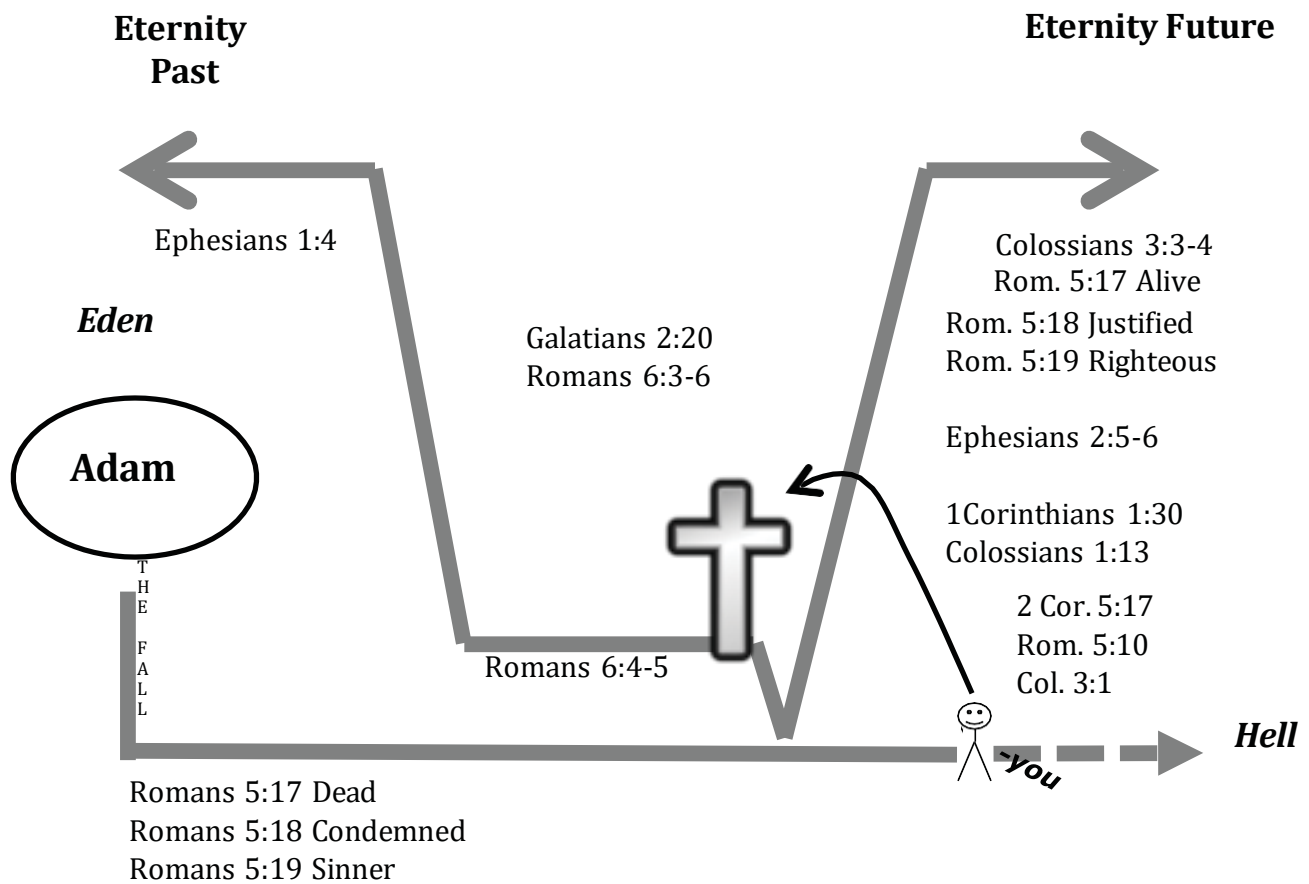
This is not a pleasant picture. But, then, sin is never pleasant. A look at these truths helps us to see why the salvation pictured by the cross in the previous diagram is needed so desperately.

On the next page, this diagram and the previous one are combined.



IN CHRIST

Diagram #9



1. At salvation, God took us spiritually out of Adam and placed us into Christ.
2. We participated literally in Christ's death, burial, resurrection, ascension and seating at the right hand of the Father.
3. Our Old Self (Old Man) was our unregenerate human spirit.
4. We have a choice. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live through us.



## DIAGRAM #9: IN CHRIST

**Romans 5:17-19** *“For if by the transgression of the one, death reigned through the one, much more those who receive the abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ. So then as through one transgression there resulted condemnation to all men, even so through one act of righteousness there resulted justification of life to all men. For as through the one man’s disobedience the many were made sinners, even so through the obedience of the One the many will be made righteous”.*

**2 Corinthians 5:17** *“Therefore if any man is in Christ, he is a new creature; the old things passed away; behold, new things have come.”*

**Galatians 2:20** *“I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me, and delivered Himself up for me.”*

**Romans 6:6** *“...knowing this, that our old self was crucified with Him, that our body of sin might be done away with, that we should no longer be slaves to sin...”*

**Romans 6:4-5** *“Therefore we have been buried with Him through baptism into death, in order that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life. For if we have become united with Him in the likeness of His death, certainly we shall be also in the likeness of His resurrection.”*

**Ephesians 2:5-6** *“...even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and seated us with Him in the heavenly places, in Christ Jesus.”*

The first item to note in this diagram is the arrow from the stick figure on Adam’s line at the bottom to the cross. Because we have been rescued from the dominion of darkness and brought into the kingdom of the Son, our life is no longer in Adam but in Christ. That is why this diagram is titled, “In Christ.”

This diagram also shows the tremendous change that takes place when a person is no longer in Adam but in Christ. When one is in Adam, Romans 5:17-19 states that death, condemnation, and being a sinner are true. There is a total difference shown in the same passage for one in Christ. The one in Christ is alive, justified, and righteous. Truly, the one in Christ is a new and wonderful creation, as 2 Corinthians 5:17 states.

The arrow points to the cross. In diagram 7, the truth of Christ dying for us was shown. Here, the second truth about the cross is shown—we died with Christ. Galatians 2:20 and Romans 6:6, along with other passages, state this truth. Not only is it true that we died with Christ, but we were also buried and resurrected with Him, as stated in Romans 6:4-5. As Christ ascended to be seated at the right hand of the Father, so we also ascended and are seated in the Heavens with Him. The Ephesians 2:5-6 passage clearly states this.

These truths of our identification with Christ are stated in the verses listed on the diagram. They are not the easiest to grasp, but they are true themselves.



## CONCLUSION

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How do the truths demonstrated in the last three diagrams relate to the change from a self-centered life lived after the flesh to a Christ-centered life lived in His resources?

The steps given in Romans chapter 6 can be followed. There are only four steps:

*First*, know the truth (see “know” in verse 6) as set forth in these diagrams.

*Second*, believe what you know to be the truth (see “consider,” “count,” or “reckon” in verse 11). This is quite different from understanding or knowing it.

*Third*, choose to act on the truth you know and believe (see the “offer” or “present” in verse 13).

*Fourth*, live on the truth you know, believe, and have chosen to act on (see “obey” and “obedience” in verse 16).

Four questions can be used to set forth these four steps.

1. you know this truth?
2. you believe this truth?
3. e you willing to act on this truth?
4. e you willing to live on the basis of this truth?

If the answers to these questions are a consistent “yes,” then pray and ask God to make this truth real in your life. It is helpful to acknowledge to the Lord how you have sought to live for Him, but have failed. Then it helps to restate the truth of your identification with Christ. Finally, ask the Lord to make these truths real in your life in any way He wants.

**Your choice to act on this truth of exchanging a self-centered life for a Christ-centered life is the beginning of an exciting journey.**

**May you find Christ to be sufficient as you give up on self-sufficiency.**



## SELFER'S PRAYER

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Dear Father,

I thank You for delivering me from life in Adam and in placing me in Christ Jesus.

I confess that I have been a “selfer,” and a total failure in my own strength. I have been struggling to live the Christian life out of my own resources.

I admit that I have been trying to get my needs met through people, achievements and possessions.

I now give up on my resources and do hereby commit my life unconditionally into Your hands. I surrender all my rights and expectations, and give You permission to make me into the kind of person You want me to be.

I believe Your Word that I have been crucified with Christ, and dead to sin, buried, and have been raised with Him into newness of life. I have ascended with Him into the heavenly places and I believe that I am now seated at the right hand of the Father.

I choose as an act of my will to believe that Christ is my life, my power, and my identity. I thank You that in Christ I am totally acceptable, and that all my needs are met by Him.

I yield myself totally to Christ to live His life through me. Glorify and manifest Your Son in me. I'm trusting You, in Your timing, to make this real in my experience. I choose to believe these truths regardless of what my circumstances may be.

In Christ and His identity, Amen



## WHAT HAPPENED TO ME?

Since I am in Christ, by the grace of God. . .

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Rom. 5:1	I have been justified (completely forgiven and made righteous).
Rom. 6:1-6	I died with Christ and died to the power of sin's rule on my life. I
Rom. 8:1	am free forever from condemnation.
1 Cor. 1:30	I have been put into Christ by God's doing.
1 Cor. 2:12	I have received the Spirit of God into my life that I might know the things freely given to me by God.
1 Cor. 2:16	I have been given the mind of Christ.
1 Cor. 6:19-20	I am not my own. I belong to God. I have been bought with a price.
2 Cor. 1:22/ Eph. 1:13-14	I have been established and sealed by God in Christ and have been given the Holy Spirit as a pledge (deposit/down payment) guaranteeing my inheritance to come.
2 Cor. 5:14-15	Since I have died, I no longer live for myself, but for Him (Christ).
2 Cor. 5:21	I have become the righteousness of God.
Gal. 2:20	I have been crucified with Christ and it is no longer I who live, but Christ (Who) lives in me. The life I am now living is Christ's life.
Eph. 1:3	I have been blessed with every spiritual blessing.
Eph. 1:4	I have been chosen in Christ before the foundation of the world to be holy and without blame before Him.
Eph. 1:5	I was predestined (determined by God) to be adopted as a son.
Eph. 1:7-8	I have been redeemed, forgiven, and am a recipient of His lavish grace.
Eph. 2:5	I have been made alive together with Christ.
Eph. 2:6	I have been raised up and seated with Christ in heaven.
Eph. 2:18	I have direct access to God through the Spirit.
Eph. 3:12	I may approach God with boldness, freedom, and confidence.
Col. 1:13	I have been delivered (rescued) from the domain of darkness (Satan's rule) and transferred to the kingdom of Christ.
Col. 1:14/ Col. 2:13-14	I have been redeemed and forgiven of all my sins, and the debt against me has been canceled.
Col. 1:27	Christ Himself is in me.
Col. 2:7	I have been firmly rooted in Christ and am now being built up in Him.
Col. 2:10	I have been made complete in Christ.
Col. 2:11	I have been spiritually circumcised. My old, unregenerate nature has been removed.
Col. 2:12-13	I have been buried, raised, and made alive with Christ.
Col. 3:1-4	I have been raised up with Christ. I died with Christ. My life is now hidden with Christ in God.
2 Tim. 1:7	I have been given a spirit of power, love, and self-control.
2 Tim. 1:9	I have been saved and called (set apart) according to God's doing (also see Titus 3:5).
Heb. 2:11	I have been sanctified, and He is not ashamed to call me brother.
Heb. 4:16	I have a right to come boldly before the Throne of Grace to find mercy and grace in time of need.
2 Pet. 1:4	I have been given exceedingly great and precious promises by God, by which I am a partaker of the divine nature (God's nature).



## PERSONAL SUMMARY

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1. What were the key truths from the teaching that meant the most to you?
2. What is the significance of being a “three part being”?
3. Do you have primarily “negatively” or “positively” programmed flesh?
4. If you are “walking after the flesh,” in which part of you (spirit, soul, or body) did your independence begin?
5. Has your view of “Eternal Life” changed or expanded? If so, how?
6. What is the most challenging aspect(s) of the truths in this topic?

