



SESSION SUMMARY

Counselee: _____ Date: _____

Counselor: _____ Session Number: _____

Covered This Time:

Workbook Section Covered:

Assignment:

Next Time:

Observations:

Rejection:

(Life's Messages)

Flesh:

(Coping Strategies)

Feelings/Belief Systems:

(Self, others, God)

Rights:

(Surrender Issues)

Forgiveness:

(Unresolved Hurts)